Sault College of Applied Arts and Technology

Course Title: Substance Abuse and Community Resources

Course Number: ADD 107

Program: Alcohol and Drug Dependencies Intervention Counsellor

Date: September 21, 1988 to December 21, 1988

Instructor: Bernadette Tallon

SUBSTANCE ABUSE AND COMMUNITY RESOURCES

Course Description:

This course is designed to introduce the student to alcoholism and other drugs as a community problem, a family problem and a personal health problem. The student will be introduced to the community systems, resources available for individuals with substance abuse problems and the effective utilization of these resources. The course introduces the student to the concepts regarding assessing clients for their readiness for treatment, rationality, resources and responsibilities.

Course Objectives:

- Students will complete a brief overview of their knowledge of alcoholism and chemical dependency, the progression and recovery stages, effects on employment and effects on the legal system.
- 2. Students will be introduced to community service systems, referral processes, treatment philosophies and related issues.
- 3. Treatment implications and the impact of the client's behaviour on community resources will be explored.
- 4. Students will broaden their professional scope by developing their skills in assessing the client's needs and determining the most appropriate available community resource (i.e. inpatient/outpatient treatment).
- 5. Students will be provided with the opportunity to learn the skills required for seminar preparation and presentation.
- 6. Students will produce their own resource directory utilizing information generated from seminar presentations, interviews and course material.

Learning Resources:

Jacobs, Michael R., <u>Problems Presented By Alcoholic Clients.</u> The Addiction Research Foundation, 1981.

Students will receive a grade being determined by the following:

Mid-term Exam 20%
Seminar Presentation 25%
Resource Directory 25%
Final Exam 20%
Participation 10%

Course Requirements:

- 1. The mid-term exam on <u>October 26</u>, will cover all materials discussed until that date.
- 2. Each student will present 1 seminar on a community resource specifically involved with substance abuse, complete a detailed agency description, provide a typed copy of that description as well as any relevant information and materials, explain that agencies referral process and familiarilze students with the various programs offered by that agency. The student will identify what type of client would be most suited to that agency. Seminar presentations are to be 1 hour to 1½ hours in length.
- 3. Each student is expected to prepare a Resource Directory of all materials presented on community agencies and resources. Each student will interview 5 agencies, one of which will be addiction specific and further described in the seminar. The Resource Directory is to be submitted for grading on December 14.
- 4. The final-exam on <u>December 14</u>, will cover all materials discussed until that date, focusing on the seminars.
- 5. Attendance, contribution, effort, participation and feedback will all be essential throughout this course. This will be a participatory class with considerable discussion and self-directed learning.